

# TYNGSBOROUGH TROT 5K RUN OR WALK FOR EDUCATION & KIDS' FUN RUN



**Sunday  
October 7, 2018  
10:30 am**

## **Cash & medal awards!**

Overall top males and females 1<sup>st</sup> place \$100.00, 2<sup>nd</sup> place \$75.00, 3<sup>rd</sup> place \$50.00. Medal awards given to the top 3 male and female 5K Run participants in 7 age categories!!

*To sponsor this road race please email us at [EFTyng@gmail.com](mailto:EFTyng@gmail.com) and your logo will be displayed on the race website and on the race t-shirts!*

Education Foundation for Tyngsborough, Inc.  
*Closing the Gap for Education*

### 11<sup>th</sup> Annual Tyngsborough Trot Registration & Donation Form

**When:** Sunday, October 7<sup>th</sup>, 2018  
**Time:** 10:30 am 5K Run & Walk  
10:00 am Free Kids' Fun Run (ages 12 & under)  
**Where:** Tyngsborough Elementary School parking lot at 205 Westford Rd., Tyngsborough, MA, 01879

#### Registration & Packet Pick-up Information:

Pre-register by using this form and mail to Education Foundation for Tyngsborough, P.O. Box 370, Tyngsborough, MA, 01879 -or- on the web at [www.lightboxreg.com](http://www.lightboxreg.com) (<https://goo.gl/CbbWeH>). You can also register on the day of race, from 8:45 – 9:45 a.m. (cash, credit, and checks are accepted).

First Name: \_\_\_\_\_

Middle Initial: \_\_\_\_\_

Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Age on Race \_\_\_\_\_

Day: \_\_\_\_\_ Gender: \_\_\_\_\_

Email: \_\_\_\_\_

Select one: Runner (chip timed)  -or- Walker (not timed)

**New this year: high quality TEK T-Shirts! Register early to secure your size!**

ADULT T-SHIRT SIZE:

XL  L  M  S  decline

5K TROT FEE (SAME FOR RUN OR WALK):

- \$25.00 Early Registration
- \$30.00 Registration after September 23
- Free for Kid's Fun Run

**WAIVER:** In consideration for being accepted, I for myself, my heirs, executors and administrators waive and release any and all rights against the Tyngsborough Trot Runners and Walkers, the event sponsors, the Town of Tyngsborough, the Town of Dunstable, the Tyngsborough residents of Diamond Street, the Tyngsborough Public School District and the Education Foundation for Tyngsborough, Inc. arising from my participation in the Tyngsborough Trot. The aforementioned shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. I have trained and am medically fit to participate. I also give my permission to the Education Foundation for Tyngsborough to use my photograph, video image, or audio recordings made during the event. **SAFETY NOTICE:** For the safety of all the runners and Fun Run participants, we must prohibit bicycles, roller skates, and rollerblades, from the Tyngsborough Trot and Fun Run. Child strollers will be allowed behind the runners. Friendly dogs are allowed on leashes behind the runners. By signing below I agree that I have read, understand, and accept the Race Waiver and Safety Notice.

Signature of Participant

Date

Authorization of Parent/Guardian(s)

Date